



**Substance Abuse Treatment/Mental Health Rehabilitation Program Schedule & Café Internship
Program: January 9, 2008**

Cafe Intern		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	7:00 am	Medication	Medication	Medication	Medication	Medication	Medication	Medication
	7:30 am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	8:30am	Big Book (1-HR)	12x12 Study (1-HR)	NA Participation & Discussion (1 Hr)	Big Book Study (1-HR)	CA Participation & Discussion (1-HR)	Double Scrub At Residence	
	9am							
	9:30am	Break	Break	Break	Break	Break	Weekend Att. Adj.(TBA-1HR)	Weekend Att. Adj.(TBA-1HR)
	10am	Track A,B,C,D Drug Education (1.5 HR)	Track A,B,C,D Crisis Intervention (1.5 HR)	Track A,B,C,D Anger Management (1.5 HR)	Track A,B,C,D Boundaries (1.5 HR)	Track A,B,C,D Rel. Prevention (1.5 HR)		
	10:30am							
	11am							
	11:30am							
	12pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:30pm	Health Group (JV-1.5 HRS.)	Parenting (TBA 1.5-HR)	Native American Art @ Nebraska (LB/JH 1 HR)	Life Skills (TBA-1.5hr)	Gardening (MH-1 HR)	Poet (ZS -1 HR)	Family Time	
1pm								
1:30pm								
2pm		Exercise @ Gaviota (MW-1hr)	Abstract Art @ Nebraska (JH/LB-1hr)	Cooking with Mike at 840 (MG-1.5HR)				
2:00 PM								
2:30pm		Break	Computer (TA-1 HR) @840	Discharge Planning (TBA-1.5 HR)	Civics (RH-1hr)	Journaling {TBA-1HR}		
3pm								
3:30pm	Women's Group {TBA-1 HR}	Men's Group {TBA-1 HR}	Dinner	Dinner	Dinner	Dinner		
4pm								
4:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
5pm								
5:30pm	Medication	Medication	Medication	Medication	Medication	Medication	Medication	
6:00 PM								
6pm								
6:30pm								
7pm								
7:30pm								Movie Night (2 Hrs)
8pm								
8:30pm								
9pm								
10:00 PM	9:30pm							

Track "A"-Café Track "B"-Women's House Track "C"-840 Walnut Track "D"- Dawson

PROGRAM ACTIVITIES:	12 x 12 Study	1 HR	Native American Art	1 HR	Civics	1 HR	
	Crisis Intervention	1.5 HR	Exercise	1 HR	CA Group	1 HR	
	Parenting	1.5 HR	Discharge Planning	1.5 HR	Rel. Prevention	1.5 HR	
	Computer	1 HR	Big Book Study	1 HR	Gardening	1 HR	
Drug Ed.	1.5 HR	Men's Group	1 HR	Boundaries	1.5 HR	Poetry	1 HR
Health	1.5 HR	NA Participation/Discuss.	1 HR	Life Skills	1.5 HR	Cooking	1 HR
Women's	1 HR	Weekend Att. Adj.	2 HR	Movie Nite	2 HR	Simply Art	1 HR
Big Book	1 HR	Anger Management	1.5 HR	Abstract Art	1 HR	Journaling	1 HR
						TOTAL PROGRAM HRS	34.5 Hrs